

**Survey results: Sport Break Survey for SEND families in Hertfordshire.
Hosted by HPCI (Herts Parent Carer Involvement) Feb 2021**

This survey was open to parent carers of children and young people with SEND in Hertfordshire and sought to help us better understand the demand for, or interest in, a possible new sport/health based Short Break provision in Hertfordshire. 91 parent carers completed the survey from across the county and their responses related to children and young people across the 0-25 age range and with a range of needs, the most common of which were autism, ADHD and learning difficulties.

Key findings:

- Most respondents did not currently access a Short Break through the Short breaks Local Offer (only 27% did). Of those families currently accessing a Short Break, the majority (75% or 18 families) did not feel that the needs of their child were being fully met by the current Short Break offer.
- Given a scale of 1-10, the average indication of interest in a health/exercise/sport based Short Break service was 8. 40% of respondents marked their interest as a 10.
- Preferred duration for a Short Break: the most popular response was up to 2 hours, however there was appetite for longer sessions – 30% choosing 2-4 hours and 29% choosing 4-6 hours.
- More than half of the respondents said that school holidays were when they had the greatest need for a Short Break, followed by weekends and then after school on weekdays.

Preferred locations:

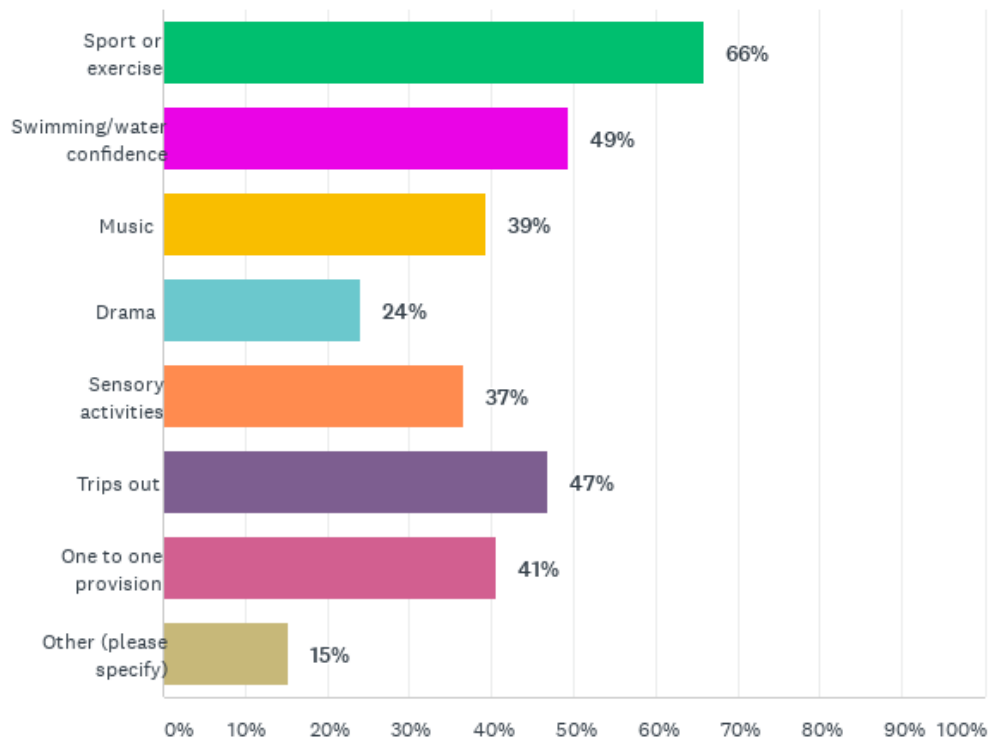
area Hertford Hemel Hempstead Hertfordshire
St Albans Local Watford Dacorum Hatfield
Stevenage Near Anywhere West

Greatest obstacle to your child accessing regular physical activity / exercise?

time Availability special needs friends access engage
activities exercise needs children Lack go
Nothing clubs group things Anxiety understanding

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What type of Short Break service would add most value to your child / family this year?



The “other” suggestions included: 1-1 sessions, art, coding, independence / life skills, and confidence building.

What is the greatest challenge for your child / family in returning to ‘normal’ following the pandemic?

Time access needs will groups social skills school available
 anxiety Provision Motivation activities go son
 children outside budget changes Finding

HPCI would like to thank all the parents and carers who added their views. These have now been shared with Sport Works, to inform the development of their service proposal, and with the commissioning team at Hertfordshire County Council. We will keep members informed of any developments that arise following this work.