

Transition planning information

Transition Guide

Thinking about the future – a transition guide for parents and carers of young people with additional needs

It is never too early to start planning for life after school.

Youth Connexions has produced guides to the support available to help young people with learning difficulties and/or disabilities make a successful transition to adulthood. You can read or download these publications for parents and carers of young people with additional needs, covering the wide range of support available.

The guides cover planning for the future of your son or daughter, and everything from how to get the most out of meetings to money matters and leisure time.

Parents who want the full details should download [the full guide](#):

A Transition Guide for PARENTS AND CARERS of young people with additional needs. This will be updated in Summer 2015



For those who want a briefer summary of the support available, the [quick guide](#) is recommended.



Preparing for Adulthood Transition Plan

The Preparing for Adulthood (PFA) – Young Person's 14–25 Transition Plan is a complete plan to support young people with special educational needs and disabilities (SEND) from Year 9 at school, in their transition onto their next step. It is designed:

- *to gather together robust evidence to help make decisions about the most appropriate option when they leave school.*
- *using the principles of person-centred planning to enable providers to support young people with additional needs to work towards their aspirations.*
- *to recognise that education is one part of a young person's life and allow scope for different agencies to take account of and plan for all aspects, creating a holistic package.*

The two PFA Transition Plan templates are available by clicking on the links below:

- [Preparing for Adulthood Transition Plan template](#) updated June 2015
- [Preparing for Adulthood Transition Plan template for young people requiring assessment for complex needs](#) updated June 2015

The Preparing for Adulthood Transition Plan is a multi-agency document and Youth Connexions personal advisers have a key role in supporting the use of the plan.

Further information & guides are available from:

- <http://www.preparingforadulthood.org.uk/>
- <http://dimensions-uk.org/support-services/transitions/>
- <https://www.mencap.org.uk/node/6071>